**CANIDOL*- FS** is a natural food supplement capsule, derived from Cannabis Sativa – L, containing Cannabidiol derived from natural plant powder.

**CANIDOL*- FS** 10mg Capsules contain a full range of cannabinoid terpenes and a minimum of 10mg Cannabidiol (CBD).

**CANIDOL*- FS** is sold as a self-selection retail product in clinics and pharmacies, where healthcare advice can be provided. Any location selling **CANIDOL*- FS** has completed a training program on cannabinoids and drug interactions.

**USAGE OF CANIDOL*- FS**

**CANIDOL*- FS** may be useful as an add-on therapy in a number of inflammatory and pain based conditions, however no medical claims regarding this product are possible.

**CANIDOL*- FS** has compulsory reporting, so you must tell your doctor, nurse or pharmacist if you have any unusual side effects not listed in this leaflet.

**CANIDOL*- FS** is to be taken orally, however, it is not well absorbed to the bloodstream so should be taken with a fatty meal.

In order to get best use of your **CANIDOL*- FS** we recommend joining a UK Cannabis Clinic. These are listed on the www.ukcannabisclinic.com website, or ask your local pharmacist.

**WARNINGS AND PRECAUTIONS**

**BEFORE** you use **CANIDOL*- FS** talk to your doctor or pharmacist if you:
- suffer from any allergic reactions
- suffer from epilepsy
- suffer from any liver, kidney or heart disease
- suffer from schizophrenia or depression
- have an irregular heart beat/rhythm, including a fast or slow pulse
- have high blood pressure
- are addicted to drugs or alcohol
- are taking other medicines.

You and your partner must ensure reliable contraceptive precautions are taken during your treatment and for at least three months after you stop taking **CANIDOL*- FS**.

**INTERACTIONS WITH THIS PRODUCT**

If you go into hospital you must tell the staff all the medicines and food supplements you are taking, including **CANIDOL*- FS**.

Some drugs interact with **CANIDOL*- FS**. Therefore it is important to talk to your doctor or pharmacist about any medicines and supplements you are taking such as, but not limited to:
- Sedatives
- Hypnotics
- Antidepressants
- Blood pressure medications
- Heart medicines
- Cannabis (do not smoke or ingest any other cannabis products while taking **CANIDOL*- FS**)
- Cancer medications

**PROPER USE OF THIS PRODUCT**

**USUAL DOSE:**
1-2 capsules twice a day with or after food.

**CANIDOL*- FS** 10mg Capsules are to be taken orally, whilst sitting upright and with a full glass of water or milk. Milk has a higher fat content and helps absorption.

**Do not exceed this recommended dose unless directed to do so by your Healthcare Professional.**

**Pop-bottle method**
1. Fill a plastic water or pop bottle with water
2. Place the tablet on your tongue and close your lips tightly around the bottle
3. Using a sucking motion, take in the water and swallow the tablet.

**Lean-forward technique**
1. Put the tablet on your tongue
2. Take a medium sip of water but do not swallow
3. Bend your head forward, tilting your chin towards your chest
4. Swallow the tablet and the water with your head bent forward

If you miss a dose, take the next dose and carry on as before, DO NOT DOUBLE YOUR DOSE.

**CANIDOL*- FS** 10mg Capsules are designed to be an add-on or top-up dosing regimen to **CANIDOL*- FS**. Sublingual preparations (for example overnight dosing to help keep blood levels of CBD up). **CANIDOL*- FS** 10mg Capsules are not regularly used as long term single cannabinoid therapy.
SIDE EFFECTS & WHAT TO DO ABOUT THEM

CANIDOL®-FS has a low side effect profile and is generally well tolerated, however, as with many products, individuals can have reactions to CANIDOL®-FS. These can include:

Headache, stomach upset, skin rashes or general GI upset/changes in bowel habit.

Although most symptoms should resolve on their own with time, as your body becomes used to CANIDOL®-FS 10mg Capsules. If any symptom is concerning you, contact your local pharmacy or UK Cannabis Clinic for assistance.

As CANIDOL®-FS is a natural product, a full list of ingredients, including all excipients, is available for each individual batch by downloading a Certificate of Analysis directly from our website. www.canidol.com

REPORTING SIDE EFFECTS

Side effects can be reported directly to any UK Cannabis Clinic, or:
Email: support@canidol.co.uk
Telephone: (+44) 141 404 6255
www.canidol.com
CANIDOL®-FS supports the use of the YELLOW CARD SCHEME for healthcare professionals.

INGREDIENTS & STORAGE

CANIDOL®-FS has a shelf life of approximately 24 months unopened. Store below 25 degrees Celsius.

Store in the original container. Do not freeze. Store in a dark place out of direct sunlight.

KEEP OUT OF THE SIGHT AND REACH OF CHILDREN
Store in a SECURE place. Do not give your CANIDOL®-FS to anyone else.

Side effects can be reported directly to any UK Cannabis Clinic, or Email: support@canidol.com
Telephone: (+44) 141 404 6255

MORE INFORMATION

CANIDOL®-FS is manufactured in the UK by:
Canidol
35 Mitchell Arcade, Rutherglen, Glasgow, G73 2LS

PACKAGED BY:
CBD Wellness LTD trading as
UK Cannabis Clinic
35 Mitchell Arcade, Rutherglen, Glasgow, G73 2LS
T: 0141 404 6255

DISTRIBUTED BY:
Ethisgen
10 Colvilles Place,
East Kilbride, G75 0SN

FURTHER DETAILS ABOUT THE PRODUCT

Food supplements, such as CANIDOL®-FS should not be used as a substitute for a varied diet and are not intended for diagnosis, or to treat, cure or prevent any disease.

CANIDOL®-FS has been developed to be a standardised full spectrum cannabis extract, containing a range of cannabinoids including cannabidiol (CBD).

PRESCRIBING INFORMATION

There is a prescription version of CANIDOL®-FS which is only available in a clinically monitored setting. This is called CANIDOL®.

Many patients hoping to improve their disease symptoms find that being part of a clinic allows for them to monitor their progress when taking CANIDOL®.

For more information on the prescribable product please email: prescribing@canidol.co.uk

If you wish to join a UK Cannabis Clinic visit www.ukcannabisclinic.com and look for your closest clinic, or call 0141 404 6255.